The PRIMARY HEALTHCARE PROGRAM

PRIORITIZING YOUR HEALTH

46,454 Services in 2021

MF’s mission aligns with the UN SDGs 3 and 10, aiming to promote good health and well-being and reduce inequalities. MF Primary Health Care Center (PHCC) provides high-quality, cost-saving health services in a holistic approach towards health, including physical and mental health. It also plays an essential role in mobilizing health services to vulnerable communities. Despite the global health pandemic and the arising economic difficulty, accompanied by the national shortage in medical supplies and medications, MF PHCC continued in 2021 to serve beneficiaries with utmost safety. The Health Care Program (HCP) has a mental health program that accommodates the needs of the population living in the Lebanese territories. It also houses Non-Communicable Diseases (NCD) management, reproductive health (RH), malnutrition screening and management, routine immunization, medical consultations, laboratory and radiology services, dental health services, and essential medications provision. Due to the challenging situations, the number of health services and beneficiaries at MF PHCC increased exponentially by the end of 2021. Prioritizing the health of the community members, MF Primary Health Care Center contributed to the dissemination of helpful health information through one to one counselling, collective awareness sessions and remote health awareness promotion through its social media and the staff’s efforts.
OUR MISSION STATEMENT

To mobilize resources, build partnerships and develop the capacities of our community in Lebanon while promoting targeted education, affordable healthcare, workable startups, sustainable development and secured livelihoods.

OUR VALUES & PRINCIPLES

RESPECT FOR HUMAN RIGHTS
We recognize that all human beings are born free and equal in dignity and rights.

EMPOWERMENT
Empowering the community underlines everything we are and everything we do.

LEADERSHIP
Our best work comes through a collaborative approach that leads groups towards specific results.

SERVICE BEYOND SELF
Philanthropy is our strong motivator to act from a concern for others.

ACCOUNTABILITY
We are responsible for all our actions and decisions.

TRANSPARENCY
We are guided by openness in the dissemination of our records.
Friends of Makhzoumi Foundation,

By the end of 2021, Lebanon was going through many challenges. We have faced Covid-19, the worst economic crisis, and the consequences of the Beirut blast, in addition to hosting the highest number of displaced people in the world. One of the smallest countries shows tremendous commitment to vulnerable populations within its peripheries.

Despite all of that, Makhzoumi Foundation maintains the social impact on its communities. In the programs of education, health, micro-credit, development and humanitarian relief, diversity, equity, and inclusion, start with us. Our teams commit to bringing together societies and helping build an empowering, inclusive, and equitable future. Since 1997, we have embraced people from all backgrounds, facing challenges with new perspectives. Our teams provide an environment where everyone feels respected, valued and empowered. We all know that the current situations have exacerbated the existing vulnerabilities in our communities. We have witnessed significant hardships with the strained natural resources such as water, air, ecosystems and land. Hundreds of healthcare workers have left the country within the health sector. The COVID-19 lockdown measures have exacerbated the situation with prolonged periods of isolation, income insecurity, and restricted access to medical and social services, which created risks for ongoing violence against women and children. The situation for education is vastly affected by interrupted learning as well as teachers and professors are leaving the country.

Makhzoumi Foundation continues assisting with the most demanding challenges, from the Covid-19 vaccination to supporting education and addressing the basic needs of our local communities. Especially with the tremendous rise of inflation devaluation of our currency, leading to classification of Lebanon amongst the lowest pay and increasing poverty to 80% of the population. Our vision is to provide ultimate living conditions for Lebanese communities to be able to face the hardships attained.

We aspire to carry on with our work despite all happening, depending on the dedication of our committed staff.

Sincerely,

May Makhzoumi I President
SDG5 Goal Leader
OUR STRATEGIC PLAN

FRAMEWORK

MF strategy has 10 major goals that emanate from each program and department. Every goal is set with a series of strategic objectives and a list of key performance indicators that measure our performance improvement.

**GOAL 1**
To train and educate with the skills needed for today’s workforce.

**GOAL 2**
To increase the value of our health services, by enhancing prevention and quality, and strengthening our ability to deliver cost effective care.

**GOAL 3**
To improve the Social and Economic status of entrepreneurs and low to medium income community members.

**GOAL 4**
To preserve and improve the environment as a valuable asset of Lebanon on the road towards sustainable development.

**GOAL 5**
To meet relief and humanitarian essentials to Vulnerable Communities.

**GOAL 6**
Invest in the professional development, mentoring and advancement of human resources.

**GOAL 7**
Maintain financial stability and strengthen the financial and organizational capacity.

**GOAL 8**
Strengthen partnerships for adequate responses to community needs.

**GOAL 9**
Build accountability for the Information system to maximize the potential of our data.

**GOAL 10**
Spread the stories to enhance visibility and engage the staff, stakeholders and the community.
Makhzoumi Foundation began to line up along the Sustainable Development Goals (SDGs) since they were established by the United Nations in the fall of 2015. During the COVID-19 pandemic, MF mobilized a comprehensive health, humanitarian and socioeconomic response. MF continue to step forward as a force for growth in this ongoing time of need.

#1 NO POVERTY
We are implementing nationally appropriate social protection systems and measures, targeting the most vulnerable, increasing basic resources and services, and achieving substantial coverage communities.

#3 GOOD HEALTH & WELLBEING
We are addressing many different persistent and emerging health issues by focusing on increased access to primary healthcare services with improved vaccination and hygiene.

#4 Quality Education
We are improving quality of life through access to inclusive vocational and technical education that helps equip the community with the tools required to develop innovative solutions to the world’s greatest problems.

#5 Gender Equality
Our president was selected to be SDG #5 Goal Leader and this is a direct drive toward our works on achieving progress on gender equality and women’s empowerment.
Beyond the long years of community empowerment, Makhzoumi Foundation has targeted SDGs implementation through global footprint, vast resources and innovative solutions for humanitarian challenges. At the same time, the expertise of our teams focuses on the global goals direct mission, credibility and relationships with remote and marginalized communities.

**#6 CLEAN WATER & SANITATION**
We are working on reducing pollution and minimizing hazardous chemicals and materials and substantially increasing recycling and safe reuse.

**#7 AFFORDABLE & CLEAN ENERGY**
We are spreading awareness about the right possible uses of energy and trying our best in supporting community access to affordable, reliable alternative energy services.

**#8 DECENT WORK & ECONOMIC GROWTH**
We are trying to help our community achieve higher levels of economic productivity through startups diversification and vocational innovation.

**#10 REDUCED INEQUALITIES**
Our works witness the significant strides towards NO DISCRIMINATION in regards to color, ethnic beliefs, abilities, and race. This is how we address all nationals and displaced communities, trying as much as we can to reduce the large disparities.
The SDGs are all interconnected. For example providing girls with access to a quality education promotes gender equality, reduces hunger and poverty. Through this framework, Makhzoumi Foundation works. We make it crystal clear what particular SDGs we are addressing and how. Our reach means we are well placed to contribute to and benefit from the SDGs.

**#11 SUSTAINABLE CITIES & COMMUNITIES**
We are helping reduce the adverse environmental impact of cities in Lebanon by paying special attention to air quality and other waste management and supporting positive economic, social and environmental links.

**#12 RESPONSIBLE CONSUMPTION & PRODUCTION**
We are contributing to sustainable consumption and production by promoting energy efficiency and by providing access to green and decent jobs and a better quality of life for our community.

**#13 CLIMATE ACTION**
We are improving education, awareness-raising and human and institutional capacity on climate change mitigation, adaptation, impact reduction and early warning.

**#14 LIFE BELOW WATER**
We are working hard to prevent and reduce marine pollution of all kinds, in particular from land-based activities.
We all agree that the Sustainable Development Goals are an excellent vehicle for driving a change. To us, they are like an action plan for the whole planet and the community to prosper by 2030, hopefully. We are contributing to their implementation because we trust their strategic importance to the world and to Lebanon, and we are committed to helping achieve them.

### #15 LIFE ON LAND
We are promoting the conservation, restoration and sustainable use of terrestrial and inland freshwater ecosystems and their services. We are also combating desertification through reforestation projects, striving to achieve a land degradation-neutral world.

### #16 PEACE, JUSTICE & STRONG INSTITUTIONS
We are working on significant reduction of all forms of violence, ending abuse, exploitation, trafficking and all forms of torture of children. We are also spreading awareness about legal identity for all, including birth registration. We are also strengthening ourselves and our national partners through international cooperation for building capacity at all levels.

### #17 PARTNERSHIPS FOR THE GOALS
In implementing the last SDG, we are strengthening our partnerships with local, international and governmental institutions including both the private sector and civil society. We are so much aware that these inclusive partnerships that are built upon principles and values, a shared vision and shared goals will place the community at the center.
MORE THAN 3 MILLION SERVICES FOR OVER 650,000 BENEFICIARIES

Services By Numbers Since 1997

886,270 Healthcare Services
153,978 Training Certificates
12,378 Micro Loans
324,353 Environment & Development Outreach
1,177,860 Humanitarian Assitances
OUR PEOPLE

Our people play a key role in supporting the community and we are proud of the quality of 200 professionals. It did not change through 2021. on the opposite, it improved and became more structured and our first priority is always the safety of MF people. From mask-wearing and social distancing to proper hand-washing and regular sanitization, we know basic safety protocols work. Doing these things consistently matters, especially during Covid-19 and we continue to rely on our policies and procedures in addition to national and international guidelines and protocols for our human resources safety. During 2021, team faced challenges and consequences of Covid-19, the economic crisis and the Beirut Port Explosion. Despite that, there was a drive for is engagement, leadership, development, as we work towards delivering a more rewarding and engaging environment for all. We have set objectives to know about employee attitudes, burnout tendencies, workplace climate, training opportunities and competitive intelligence, which are key indicators for employee retention, satisfaction, and productivity. We have seen a positive shift in results in relation to the knowledge and tools that help build positive employee relations and a positive work environment for upcoming years.

THE APPRENTICESHIP MODULE

The apprenticeship module at MF is initiated by the Human Resources Department. The purpose of this module is to recruit apprentices who are graduate and postgraduate students from diverse academic backgrounds, where their education and career could be enhanced through practical work assignments and sessions at MF. The duration of the apprenticeship is mainly two months. Upon selection for the apprenticeship position, candidates are required to sign a statement confirming their understanding and acceptance for the conditions of service. Apprentices report directly and work under the supervision of their supervisor. MF provides flexible working hours. Most of the participants have an education in human resources and business management. This Apprenticeship allows participants to take time to understand their role, tasks and the work processes that take place in NGOs. The experience is beneficial for future career paths. Once they finish their apprenticeship, participants continue to support MF through presenting training sessions to other candidates.
QUALITY ASSURANCE

MF Primary Health Care Center renders quality assurance a delicate and high level of importance, as it is keen on providing high quality health services to the patients seeking care from its premises. MF Primary Health Care Center was accredited according to the Canadian standards in 2016. Since then, MF Primary Health Care Center succeeded in following the accreditation and Ministry of Public Health’s standards and policies for quality control, hazard management and ecological security, despite COVID-19 pandemic. Ministry of Public Health supported the Primary Health Care Center, through performing quality control visits and providing guidance when needed.

CREATING ACCESS CHANNELS FOR HEALTH SERVICES

As important it is to provide the health services, it is equally essential to build the bridge with the community and mobilize the health services for them to be accessible. For this reason, the outreach teams provide the communities with info on the available health services: general health, cardiovascular health, endocrinology, pediatrics, gynecology and reproductive health, dentistry, different laboratories, pharmacy, mental health in addition to NCDs and malnutrition screening. MF social media platforms were also recruited to increase knowledge about the health services, and to highlight special events and health campaigns.
Numbers Speak for Themselves

- Number of Unique Patients: 12,430
- Number of Laboratory services: 8,148
- Number of Dental Services: 2,722
- Number of Radiology services: 4,102
- Number of Pharmacy Services: 8,365
- Number of Other healthcare services*: 5,733

*Other healthcare services include EKG, screening for non-communicable diseases, intra-muscular injections, and others.
Medical Examinations: MF PHCC is one of the leading Centers in Beirut, providing general and specialty medical consultations including: endocrinology, cardiology, pediatrics, OBGYN, orthopedic, ENT, ophthalmology, neurology, gastroenterology, speech and motor therapist, nutrition and dietetics, nephrology, urology, pulmonary medicine, dermatology, general surgery and dentistry. The HCP team is made of physicians, registered and practical nurses, midwives, nutritionists, health educators and clinical pharmacists. Although there was lockdown during January and February 2021, and despite the power cuts and fuel shortage in the country, MF PHCC managed to increase the number of its health services by 10%, with a change from 42,226 provided in 2020 to 46,454 in 2021.

Radiology and Laboratory: For the sake of complementing the health examinations and services provided at MF PHCC, the laboratory and radiology departments are vital. Although Lebanon suffered from an economic crisis that increased the prices of such services, machines and kits, MF PHCC continued to provide these services. The professional team of the radiology department closely followed the policies and procedures to ensure the service is given at the maximum quality and safety. The services provided include: X-rays, Ultrasound, Mammography, Dental Panoramic and others like CT Scan and MRI.

Malnutrition Program: MF is on a mission to improve the health of children and mothers. The malnutrition program supports this mission. During 2021, MF PHCC received cases of malnourished children under 5 years and pregnant/lactating women. MF PHCC screened 541 children and 202 women, and provided malnutrition management through therapeutic food and food supplements for free for 147 pregnant/lactating women who had moderate acute malnutrition (MAM), 170 children with (MAM) and 26 children with severe acute malnutrition (SAM). MF’s efforts extend beyond the primary health care center through receiving referrals from MSF, Ibad Al Rahman Dispensary and Aramoun Raya Care, in addition to other centers.

IOCC Project Supporting the Malnutrition Program: IOCC supported the malnutrition program through providing the patients visiting the Primary Health Care Center for the malnutrition screening service with transportation fees. For the purpose of technical support, a community nutritionist from IOCC monitored the malnutrition screening and provided guidance and quality control when needed.
Medication Management

The Lebanese people have witnessed increasing economic difficulties and challenges in finding their medications due to the national shortage in drugs. Makhzoumi Foundation Primary Health Care Center pharmacy sustained a lifeline for its beneficiaries, with extensive effort put into its medication management during 2021. The pharmacy provided the patients with the needed acute medications supplied by Ministry of Public Health. As for the chronic medications, an exponential number of new patients were registered by MF primary health care center to receive the medications from YMCA on a monthly basis. It is noteworthy that many mental health and psychotic drugs were provided when requested by a doctor’s prescription. The pharmacy also provided family planning tools (hormonal contraceptives and condoms) for free. Patients who received any medications from MF’s pharmacy were educated on the means of use, dose and lifestyle/behavioral changes. Additionally, the clinical pharmacist performed medical file reconciliations for the chronic disease patients, for close monitoring of their conditions and management of medication prescriptions.

Promoting Immunity

COVID-19 pandemic had its toll on the nationals and residents of Lebanon during 2021, which may have shifted the interest of the caregivers from routine immunization to vaccination against COVID-19. The health professionals at MF Primary Health Care Center were determined to promote routine immunization for children between the ages of 0 and 18, regardless of the health crisis. The caregivers of the children were followed up with and reminded with their children’s vaccination appointments over the phone. The health care professionals of MF Primary Health Care Center continued to provide the vaccines for children under 18 for free. For quality control considerations, the registered nurses routinely monitored the quality of the vaccines received from Ministry of Public Health, and stored them in the solar vaccine refrigerator, in order to avoid spoilage due to electricity cuts.

Mental Wellness for All

Mental health is a pillar of the person’s well-being, hence the health care program of MF focused on raising awareness on the importance of seeking mental health services. The Mental Health Program consisted of trained nurses, general physicians, case managers, psychologists and psychiatrists. Under UNHCR, mental health consultations were fully covered for patients from the refugee community, who were also reimbursed for transportation fees. For the Lebanese patients, Relief International covered the fees of mental health services and provided them with cash payment as transportation fees. Upon the prescription of the psychiatrist, the patients were able to receive their mental health and psychotic medications for free from MF’s pharmacy.
NCD Screening for your Heart

During 2021, special attention was paid to strengthening the Non-Communicable Diseases program, due to the worsening economic situation and the national shortage in drug/medication availability. The health care program team employed its effort in screening all patients above 40 years of age, who visited the Primary Health Care Center for any health service. After the full screening (consisting of dietary, lifestyle, hereditary, medical history and biochemical factors investigation), patients who were found to have a high Cardio-Vascular Disease risk were referred to a general physician or a specialist doctor for further investigation. The Non-Communicable Diseases program also directed chronic disease patients to the YMCA chronic medications program, for registration and receiving of the chronic medications on monthly basis. In collaboration with Irshad and Islah, the health care program team carried out a health awareness session on diabetes during the month of Diabetes Awareness, and performed the fasting blood glucose test for 50 of the participants in the session.

Ophthalmology

The ophthalmology department in MF Primary Health Care Center specializes in the screening, diagnosis and treatment of ocular diseases and disorders. The Primary Health Care Center grants the patients highly affordable ophthalmology consultations by esteemed health professionals.

During 2021, medicine students from AUB shadowed the ophthalmology examinations and provided special education to the patients.

Covid-19 vaccination

In 2021, MF supported the Lebanon inclusive approach of the national Covid-19 vaccination plan that covers all people residing in the country based on priority categories. Thus, MF launched it vaccination guide and its teams vaccinated more than 6000 persons making it a total of more than 12000 Covid-19 Pfizer vaccine doses. The persons of concern registered on the MF electronic platform that was directly connected to the MoPH COVAX. They were given appointments for their vaccines and received reminders of their second doses as well as the electronic certificate with its QR code. The campaign took place in Makassed General Hospital.
Sohati Plus Cards

MF aspiration is to achieve health equity, by promoting equal access to care and health services for all people irrespective of their socioeconomic status, gender, nationality, etc...

Sohati Plus Card health package was launched in 2020, and it offered the patients discounts on the health consultations and services, in addition to a group of free services. During 2021, the number of patients who subscribed to the package reached 2,653, compared to 1,586 during 2020, indicating in increase in registration to Sohati Plus Cards by 67% in only one year. The patients who subscribed to the card benefited from free general physician, specialty doctors, oral cleaning and dietitian consultations. Some other services are provided for much less cost, for up to 55% discounts on physiotherapy and laboratory or other services throughout the whole year.

Mammography campaign

Supporting women’s health, MF Primary Health Care Center offered a discount on the mammography service during the last 3 months of the year, starting with the month of Breast Cancer Awareness, October. During October, the midwife of the Primary Health Care Center provided education and awareness on the importance of early screening for breast cancer for all the women visiting the Primary Health Care Center for health services. Additionally, MF organized an awareness session in collaboration with Irshad and Islah, during which the midwife from MF trained more than 50 women on self-screening techniques for breast cancer.

Physiotherapy

Physiotherapy is a specialty that treats injuries and prevents diseases and disorders through physical methods. The physiotherapy service is usually found in private clinics/centers, for high cost. MF Primary Health Care Center offered this service for a relatively low cost while maintaining its high quality, in support of over-all health of its patients. Since physiotherapy is important for promoting injury recovery and preventing further damage, the physiotherapy professionals make sure to provide the patients with the essential education for self-management and safe physical activity.

Serving Survivors of Gender Based Violence

The number of Gender Based Violence survivors increased during the past two years, due to the confinement related to COVID-19, in addition to the socioeconomic difficulties. MF’s mission is to promote gender equality and empower women. MF Primary Health Care Center received several referrals of women, girls and boys who have suffered from Gender Based Violence. The focal person was able to direct the survivors to the Clinical Management of Rape service, through which they were examined by a trained physician and provided with the needed medications and vaccines. The service was provided with complete confidentiality and discretion of the patient’s identity. The focal person followed up with the survivors and reported back to the referring NGO when needed.
Healthy Mouths: Dental and Oral Care

Dental health is an indispensable contributor to the wellbeing of the person. In spite of the economic crisis the Lebanese faced during 2021, MF was able to provide the oral/dental health service at high quality and affordable prices, which increased the work load on the primary health care center’s dentistry. MF Primary Health Care Center provided high quality dental services for subsidized prices for its patients. The dentists and dentist assistants at MF performed routine checkups and dental interventions when needed, including caries removal and minor surgeries. MF Primary Health Care Center was also able to provide the related x-ray services and dental panoramic imaging to complement the dental health service.

Reproductive Health program

Sexual/reproductive health was a topic of great importance during 2021, with many efforts from local and international actors to strengthen it. MF Primary Health Care Center’s mission was aligned with the rising interest, as many representatives from the Health Care Program reviewed and attended the launchings of the national Sexual Reproductive Health and Clinical Management of Rape policies. Trainings on the clinical management of rape were attended by the focal persons of Sexual Reproductive Health from the Health Care Program. With the support of UNFPA, a midwife was always present at the Primary Health Care Center to tend to the Sexual/Reproductive Health needs of the women and girls, providing Ante-natal and post-natal care. Patients seeking Sexual/Reproductive Health services were provided with one to one education on personal hygiene, family planning, COVID-19 and pregnancy, preparation for labor among other topics. Hormonal contraceptives and condoms were offered for free for the patients. Under Clinical management of rape, the survivors of rape who were referred to the Primary Health Care Center from other NGOs were provided with the appropriate medical attention, including prophylaxis for pregnancy, sexually transmitted infections and HIV in addition to the laboratory exams.

INTERSOS Reproductive Health Project

Under the category of Reproductive Sexual Health, MF Primary Health Care Center signed a Memorandum of Understanding with INTERSOS to receive referrals made by INTERSOS from the community sites to MF Primary Health Care Center for the provision of the reproductive health consultations, examinations and related laboratory tests and services for free. The project served 250 women and girls during a period of 5 months. The patients were also reimbursed with transportation fees.
A Backbone for the Lebanese Educational System

The year of 2021 has been rich in terms of exchange of educational experience between the students coming from different health backgrounds and disciplines and MF Primary Health Care Center. Interns from LAU, AUB, LU, BAU and USEK joined MF for different durations, for observation and participation in the different health activities taking place on daily basis. The interns came from many disciplines including: nursing, nutrition, pharmacy and pharmD, public health, pre-med as well as psychology. The interns also attended several training sessions on Non-Communicable Diseases screening, malnutrition screening and PHQ-9 screening for depression, conducted by MF health care program community preceptor. The interns also prepared and presented awareness sessions for the community, tackling CKD and nutrition, epilepsy pharmaceutical and nutritional management, PCOS, menopause and osteoporosis, among other topics.

In a very interesting community awareness session that targeted pre-teens’ nutrition, children with their mothers enjoyed a rich yet dynamic session, where they played games of identifying different foods and acting out different types of sports. At the end of the session, Sam expressed his future aspiration of becoming a doctor, while Zahra gifted the trainer a drawing of the 4 seasons, in expression of joy, after presenting about each season to her classmates.

E-Support

After the national lockdown due to COVID-19, MF Primary Health Care Center was able to resume many of its internship activities, including on site observation and education. Online learning was still employed by the community preceptor, who conducted many educational sessions and discussions online with the health interns. The interns were encouraged to carry out online awareness sessions for the staff members of the Health Care Program.

The Partners Roadmap to Health Promotion

Makhzoumi Foundation believes in building alliances with other actors in the humanitarian field in order to achieve the common goal of promoting accessibility and affordability of health services. In the attempt to reach out to the biggest number of beneficiaries possible, MF partnered with different NGOs and health agents. This partners’ roadmap supported the health system in Lebanon through the inter-referral channel and the distribution of funds/subsidization of health services for the benefit of the patients. During 2021, Makhzoumi Foundation worked hand in hand with Ministry of Public Health, UNHCR, UNICEF, UNFPA, INTERSOS, Relief International and other associates such as International Mercy Corps, Restart, etc...
Research and Surveys

MF is a great supporter of academic studies as it believes in the importance of research. Throughout the years, MF has facilitated research efforts by hosting them or by providing them with the needed resources (data, contacts, etc.). All studies have been approved of by Ministry of Public Health, and they were executed by professors and investigators from AUB, LAU, LU as well as from international universities and academic institutions. Some research topics included: research on vaccination resilience in Lebanon, the governance of AI-based technologies in the management of migration, understanding health system resilience through relationships: the relationships of coordination and learning in the NGO ecosystem of primary health care in Lebanon, and Gamification, Artificial Intelligence and mhealth network for maternal health improvement among pregnant women (GAIN MHI) among others.

Training/Continuing Education

MF HCP invests in its human resources and supports its staff members’ professional and personal development, through facilitating and encouraging them to participate in training opportunities. During 2021, several staff members, involved in reproductive health and gender based violence, were trained on clinical management of rape and the respective policies, procedures and medications, by UNFPA and Ministry of Public Health. Additionally, the healthcare program staff were invited to attend a training session on the importance of self-care for health frontliners by Ministry of Public Health a topic that focuses on the mental health of the workers. The midwives attended trainings related to COVID-19 and pregnancy and the importance of personal hygiene during pregnancy. UNICEF supported a 20-hour training on breastfeeding and complementary feeding for nutritionists and health outreach workers of MF. The health practitioners also attended trainings done by Ministry of Public Health on malnutrition screening, non-communicable diseases screening and vaccination, among other topics. At the end of the year, Ministry of Public Health recommended that all staff members be trained on antibiotics and bacterial resistance, hence the team were trained by a pharmacy student.
The Mobile Medical Unit

Driving the Health Service to Your Doorstep

During 2021, the mobile medical unit was deployed on multiple occasions to conduct health campaigns in the community, facilitating the delivery of the health service to the patients. Raising awareness on reproductive health and family planning, a team of nurses and midwives headed to more than 4 sites in Barja, Aley and Baysour, using the Medical Mobile Unit to distribute family planning tools (contraceptive pills and condoms) for free, following the collective awareness sessions that took place with the communities.

Several health campaigns were also conducted in Aramoun and Beirut with the use of the Mobile Medical Unit, where doctors and nurses performed non-communicable diseases screenings and free consultations for members of the different communities. The patients were also referred to the Primary Health Care Center for additional services such as laboratory tests and other check-ups.
Hand in Hand with iNGOs

UNHCR-COVID19 Project: Through the UNHCR-COVID-19 project that was initiated in response to the pandemic in 2020, the rapid response team was able to follow up and educate the Syrian displaced who were found to be positive or suspected of being infected. The Rapid Response Team was made up of 3 COVID-19 trained registered nurses and 6 community health volunteers CHVs. The follow up and education activities with the patients took place remotely through phone calls with the patients and also through field visits in Beirut, Metn and Mount Lebanon. Additionally, the Rapid Response Team role was to convince the community members with the importance of vaccination.

UNICEF-MNCAH Project: Maternal Neonatal Child and Adolescent Health community project, funded by UNICEF, aimed to raise the community’s awareness on maternal and child public health topics such as breastfeeding and complementary feeding IYCF, in addition to health topics such as vaccination, reproductive health, personal hygiene and mental health, with a focus on adolescents’ health. The project’s activities were conducted through field and door to door visits in Beirut and Mount Lebanon by health outreach workers. Through this project, caregivers of children under 2 were reached with special education about infant and young child feeding. Caregivers of children under 5 years of age were provided with health education and micronutrient supplements for children older than 6 months. Additionally, all the caregivers reached with health education were provided with re-usable masks for them and their children, along with high energy food (biscuits and paste). Feminine pads were also distributed in the field for women and adolescent girls.

Relief International: Relief International project subsidized the health services at MF primary health care center for Lebanese and non-Lebanese patients throughout the year. The project also provided full or partial coverage on laboratory tests, radio examinations and dental services. The mental health program was supported by Relief International through the provision of a case manager and a psychiatrist, providing free consultations for the patients in need in the primary health care center.

UNHCR Vaccination Response Project: In support of the vaccination movement against COVID-19, the UNHCR Vaccination Response project was initiated in 2021. The project’s goal was to raise awareness on the importance of vaccination, and to register the members of the refugee community on the official vaccination platform COVAX. The team that consisted of 12 community health workers and a supervisor also used the opportunity to extend the information to the community members’ relatives and neighbors, attempting to promote immunity and safety in more than one site community.
Makhzoumi Foundation is proud to be a member of:

- **AFED**
- **Arab Foundations Forum**
- **EMFPA**
- **SANABEL**
- **MIO-ECSDE**
- **REPUBLIC OF LEBANON MINISTRY OF PUBLIC HEALTH**
- **United Nations Convention to Combat Desertification**
- **ECOSOC United Nations**
- **AUB Non-Governmental Organizations Institute**
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- **United Nations Global Compact**

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*For more partnership information, please check [www.makhzoumifoundation.org](http://www.makhzoumifoundation.org)
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